Clinical Trial of Vadadustat in Patients with Anemia Secondary to Stage 3 or 4 Chronic Kidney Disease

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Abstract

\textbf{Background:} Therapeutic options for the treatment of anemia secondary to chronic kidney disease (CKD) remain limited. Vadadustat (AKB-6548) is an oral hypoxia-inducible factor prolyl-hydroxylase domain (HIF-PHD) inhibitor that is being investigated for the treatment of anemia secondary to CKD.

\textbf{Methods:} A phase 2a, multicenter, randomized, double-blind, placebo-controlled, dose-ranging trial (NCT01381094) was undertaken in adults with anemia secondary to CKD stage 3 or 4. Eligible subjects were evenly randomized to 5 groups: 240, 370, 500, or 630 mg of once-daily oral vadadustat or placebo for 6 weeks. All subjects received low-dose supplemental oral iron (50 mg daily). The primary endpoint was the mean absolute change in hemoglobin (Hb) from baseline to the end of treatment. Secondary endpoints included iron indices, safety, and tolerability.

\textbf{Results:} Ninety-three subjects were randomized. Compared with placebo, vadadustat significantly increased Hb after 6 weeks in a dose-dependent manner (analysis of variance; \( p < 0.0001 \)). Vadadustat increased the total iron-binding capacity and decreased concentrations of ferritin and hepcidin. The proportion of subjects with at least 1 treatment-emergent adverse event was similar between vadadustat- and placebo-treated groups. No significant changes in blood pressure, vascular endothelial growth factor, C-reactive protein, or total cholesterol were observed. Limitations of this study included its small sample size and short treatment duration.

\textbf{Conclusions:} Vadadustat increased Hb levels and improved biomarkers of iron mobilization and utilization in patients with anemia secondary to stage 3 or 4 CKD. Global multicenter, randomized phase 3 trials are ongoing in non-dialysis-dependent and dialysis-dependent patients.

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Introduction

Patients with chronic kidney disease (CKD) frequently experience anemia, with estimated prevalence rates exceeding 50% among patients with CKD stage 4 or 5 in the United States. Numerous epidemiological studies \cite{1–3} and post hoc analyses of randomized trials \cite{4, 5} support associations between anemia and higher rates of death and cardiovascular disease, as well as poorer quality of life, with significant correlations remaining after adjustment is made for known confounders \cite{6}.

Trial registration: ClinicalTrials.gov trial number: NCT01381094.
Recombinant human erythropoietin (EPO) and its analogs, collectively termed erythropoiesis-stimulating agents (ESAs), are a mainstay of the management of anemia secondary to CKD [7, 8]. When administered intravenously or subcutaneously, ESAs stimulate brisk erythropoiesis by achieving supraphysiologic serum EPO levels. While effective in treating anemia, ESAs exhibited cardiovascular-related safety signals after attempts to normalize hemoglobin (Hb) concentrations in a series of large randomized trials [4, 9–11]. Higher ESA doses and the inability to achieve target Hb levels have been implicated in the adverse outcomes observed with ESA use [5, 12, 13].

Given the substantial burden of morbidity and mortality facing CKD patients, safe and effective, orally available therapies would be a welcome addition to the therapeutic armamentarium for patients with renal anemia. Stabilization of hypoxia-inducible factor (HIF) via prolyl-hydroxylase domain (PHD) inhibition represents a potentially promising new therapeutic approach to treat anemia secondary to CKD [14–16]. Activation of HIF orchestrates a coordinated response to promote erythropoiesis through the stimulation of endogenous EPO production, increased uptake of iron, and mobilization of iron stores [14].

Vadadustat (AKB-6548) is an oral small molecule HIF-PH inhibitor that is in development for the treatment of anemia in patients with nondialysis-dependent (NDD)-CKD or dialysis-dependent (DD)-CKD. Phase 1 trials have demonstrated dose-proportional pharmacokinetics and dose-dependent increases in serum EPO levels in healthy subjects administered oral vadadustat [17]. In a phase 2a single-ascending-dose study, NDD-CKD subjects treated with vadadustat achieved moderate and physiologic elevations in serum EPO [17]. An open-label, phase 2a trial showed significant increases in Hb from baseline after 28 consecutive days of vadadustat administration [18]. In this study, we report the results of a phase 2a trial of vadadustat administered for 6 weeks in patients with anemia secondary to CKD stage 3 or 4.

Methods

Trial Design

This multicenter, 6-week, randomized, double-blind, placebo-controlled, dose-ranging phase 2a trial evaluated the pharmacodynamic response, safety, and tolerability of once-daily oral dosing of vadadustat in patients with anemia secondary to CKD stage 3 or 4 (ClinicalTrials.gov identifier: NCT01381094). The trial was conducted from June 2011 to February 2012 in compliance with International Conference on Harmonisation of Technical Requirements for Registration of Pharmaceuticals for Human Use-Good Clinical Practice guidelines and the Declaration of Helsinki. The protocol was approved by the Institutional Review Board of each participating institution. All trial patients provided written informed consent.

Trial Population

Patients were 18–79 years of age with CKD stage 3 or 4, as defined by the estimated glomerular filtration rate of 30–59 or 15–29 mL/min/1.73 m² (not yet on dialysis and not expected to start dialysis within 3 months), respectively, calculated using the Modification of Diet in Renal Disease equation. Eligible patients had not used ESA therapy in the past 11 weeks. All patients had a screening Hb ≤ 10.5 g/dL, ferritin ≥ 50 ng/mL, and transferrin saturation (TSAT) ≥ 20%. Patients were excluded if they had anemia attributable to non-CKD causes, including hemolysis, active bleeding or blood loss, or myelodysplastic syndrome, or if they received androgen therapy in the 21 days prior to study dosing or intravenous (IV) iron supplementation exceeding 250 mg in the 21 days prior to the screening visit. Further exclusion criteria included patients who were seropositive for human immunodeficiency virus, hepatitis B or hepatitis C virus, or who had cardiovascular disease (defined as one of the following: uncontrolled hypertension; New York Heart Association Class III or IV congestive heart failure; or recent myocardial infarction, acute coronary syndrome, or stroke).

Interventions

Patients meeting eligibility criteria were randomized to one of 5 groups: vadadustat 240, 370, 500, or 630 mg once daily or placebo. Central randomization was performed and stratified by CKD stage and the presence or absence of diabetes mellitus. Patients self-administered the trial medication once daily, regardless of food intake, for 6 weeks (42 consecutive days). Trial visits included screening (conducted a maximum of 21 days prior to the baseline visit), baseline (day 1), weeks 1, 2, 4, and 6 (end-of-treatment visit), and a follow-up visit 2 weeks after the last dose of trial medication.

Dosing was discontinued if Hb levels exceeded 12.5 g/dL, or if Hb levels increased by > 2 g/dL from the pre-dose average (defined as the average of the 2 values obtained prior to dosing at the screening and baseline visits). A one-time dose reduction was permitted for any patient if Hb levels increased to >12.0 but ≤ 12.5 g/dL, or if Hb levels increased by ≥ 1.5 but ≤ 2.0 g/dL from the pre-dose average.

All patients received iron supplementation at a minimum dose of 50 mg of oral elemental iron per day. Patients already receiving iron supplementation (oral or IV) as part of their treatment plan were allowed to continue their regimen with a minimum of the therapeutic equivalent of 50 mg elemental oral iron daily. Any individual IV iron dose could not exceed 250 mg.

Trial Endpoints

The primary endpoint was the mean absolute change between the pre-dose average Hb and the Hb measured at the end of the 6-week treatment period. For patients who underwent dose reduction during the trial, end-of-treatment Hb was defined as the Hb value immediately preceding dose reduction. Imputation was not performed for missing values, and missing values were excluded from analysis.

Secondary endpoints included the percentage change in Hb values from baseline to end of treatment and the absolute and percentage change from baseline in hematocrit, red blood cell (RBC) count,
absolute reticulocyte count, iron indices (iron, total iron binding capacity [TIBC], ferritin, TSAT), and hepcidin. Safety endpoints included the incidence and severity of adverse events (AEs) and serious AEs (SAEs), safety laboratory measures (serum chemistry, hematology, cystatin C, C-reactive protein [CRP], and vascular endothelial growth factor [VEGF]). Serum EPO levels were obtained at baseline and prior to daily study drug dosing at weeks 2 and 6.

Efficacy and safety assessments, including laboratory measures and AE monitoring, were performed at screening, baseline (day 1), weeks 1, 2, 4, 6 (end of treatment), and during the follow-up visit (2 weeks after the last dose of trial medication). All laboratory measures were performed at a central laboratory (except for the urine pregnancy test performed at baseline).

**Statistical Analyses**

Target enrollment for the trial was 100 patients with CKD stage 3 or 4. The intent-to-treat (ITT) population included all randomized patients who received at least one dose of the trial medication. The ITT population was used for analyses of demographics, baseline characteristics, and safety endpoints.

The modified ITT (mITT) population included all randomized patients in the ITT population who had pre-dose efficacy measures (Hb and RBC at both screening and baseline visits) and at least one post-baseline measurement. The mITT population was used for all efficacy endpoint analyses.

The per-protocol (PP) population included all patients in the mITT population who had a trial medication compliance of ≥80% and had no major protocol deviations. The PP population was used for sensitivity analyses.

Comparison of primary efficacy endpoints between treatment groups was performed using a one-way analysis of variance (ANOVA), with change in Hb level from pre-dose average to end of treatment as the dependent variable and treatment group as the independent variable. Dunnett’s test was used to control type 1 error for all treatment comparisons against placebo [19]. With the planned sample size of 90 patients (20 enrolled patients per treatment group with 10% dropout), a Hb difference between any vadadustat treatment group and placebo of ≥0.6 g/dL could be detected with 85% power at a significance level of 0.05, assuming a standard deviation of 0.6 g/dL within each group.

Secondary efficacy endpoints were analyzed in both the mITT and PP populations using a 2-tailed, paired t test (if the distribution was normal) or a Wilcoxon signed-rank test (if the distribution was not normal) with a significance level of 0.05.

All AEs were coded using the current version of the Medical Dictionary for Regulatory Activities (version 13.0) and assigned to a system organ class, and the relationship between AEs and trial drug was also recorded. Clinical laboratory assessments (hematology and CRP) and biomarkers (VEGF and cystatin C) were summarized by visit.

**Results**

**Patient Disposition and Characteristics**

A total of 191 patients were screened and 93 patients randomized into this trial. Of the 93 patients randomized, 91 (98%) comprised the ITT (safety-evaluable) population (online suppl. Fig. S1; for all online suppl. material, see www.karger.com/doi/10.1159/000464476). Within the ITT population, 89 patients comprised the mITT (efficacy-evaluable) population, and 83 patients comprised the PP (sensitivity) population.

The mean compliance with trial drug, as assessed by returned capsule count, was >90% in all treatment groups. No patients discontinued trial treatment due to an excessive Hb response. Among vadadustat-treated patients, a total of 9 (13%) patients underwent a one-time, protocol-specified dose reduction in study drug due to increased Hb levels (2 patients in the 240 mg treatment group, 2 patients in the 500 mg treatment group, and 5 in the 630 mg treatment group). None of these dose reductions were associated with an AE.

Baseline demographics and disease characteristics were generally well balanced among the 5 treatment groups (Table 1). Overall, 75% of patients had stage 4 CKD, the mean (SD) age was 66 (10) years, and there was no difference in gender participation.

**Primary Endpoint**

The mean pre-dose average Hb was 9.77 g/dL across all treatment groups, and Hb levels were similar across the treatment groups (Table 1). Vadadustat significantly increased Hb in a dose-dependent manner across all doses compared with placebo (Fig. 1a). After 6 weeks of treatment, the 630 mg dose group produced a mean (SD) Hb increase of 1.39 (0.67) g/dL (Fig. 1a; online suppl. Table S1), with 78% of patients achieving a Hb increase ≥1 g/dL (Fig. 1b). A one-way ANOVA test showed a statistically significant Hb increase for treatment groups compared with placebo (p < 0.0001). Sensitivity analysis showed comparable results in the PP population (online suppl. Table S2).

**Secondary and Additional Endpoints**

a. Hematologic parameters over time: treatment with vadadustat 500 and 630 mg achieved statistically significant increases from baseline in mean Hb levels by week 2 (Fig. 2). All groups treated with vadadustat achieved statistically significant increases from baseline in mean Hb levels at weeks 4 and 6. Changes in hematocrit and RBC count were consistent with Hb effects (online suppl. Table S3). Treatment with vadadustat 370, 500, and 630 mg achieved statistically significant increases in absolute reticulocyte count by week 1 (online suppl. Table S3). Peak reticulocytosis occurred at week 2. At week 6, there was no significant difference from baseline in absolute reticulocyte count in any treatment group.
Table 1. Baseline patient characteristics (ITT and mITT populations)

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Vadadustat</th>
<th>Placebo</th>
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<td></td>
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<td>370 mg</td>
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<td>Safety population (ITT), n</td>
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<td>18</td>
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<tr>
<td>Age, years</td>
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<td>12 (67)</td>
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<tr>
<td>History of ESA use</td>
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<td>6 (33)</td>
</tr>
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</table>

ITT, intent-to-treat; mITT, modified ITT; Hb, hemoglobin; BMI, body mass index; CKD, chronic kidney disease; eGFR, estimated glomerular filtration rate; ESA, erythropoiesis-stimulating agent; TIBC, total iron binding capacity. Values are n (%) or mean (SD), as applicable.
b. Measures of iron utilization: significant decreases in ferritin levels ($p < 0.05$) and increases in TIBC ($p < 0.05$) were observed for all vadadustat treatment groups at weeks 2, 4, and 6 (Fig. 3a, b). Treatment with vadadustat significantly decreased hepcidin by 90–139 ng/mL (34–39%) from baseline to week 6 at doses of 370, 500, and 630 mg ($p < 0.05$; Fig. 3c).

Safety

The proportion of patients with one or more AEs was similar between treatment groups (overall, 47.2% in the vadadustat groups and 57.9% in the placebo group; online suppl. Table S4), and was distributed evenly across the dosing groups, with no apparent dose-related effect. Of the 102 AEs reported, 97 (95.1%) were mild or moderate and 5 (4.9%) were assessed as severe but unrelated to treatment. The most commonly reported AEs consisted of gastrointestinal disorders, which occurred with a similar frequency between trial arms (12 [16.7%] for the vadadustat treatment groups versus 3 [15.8%] for the placebo group respectively). Among vadadustat treatment groups, there was no evidence of a relationship between the dose and the rate of AEs.

Ten vadadustat-treated patients (13.9%) reported 15 AEs that were assessed as treatment-related; these were mild ($n = 13$) or moderate ($n = 2$) in severity and exhibited no dose dependency (online suppl. Table S4). The most commonly reported AEs that were considered treatment-related were gastrointestinal disorders ($n = 7$); all other AEs did not cluster by organ system.

Seven SAEs were reported in 7 (9.7%) vadadustat-treated patients and 1 (5.3%) in placebo-treated patients. No individual SAE was experienced by more than 1 patient and no SAEs were considered related to trial medication. One patient in the 370 mg vadadustat treatment group died from sustained ventricular tachycardia and cardiac arrest during hospitalization for severe azotemia due to CKD progression. This SAE was considered to be unrelated to trial medication.

Four patients (5.6%) in the vadadustat treatment groups were withdrawn from the trial due to AEs. Besides the previously discussed case of severe azotemia, the other withdrawals included 1 patient for severe coronary artery disease with non-ST elevated myocardial infarction (unrelated to trial medication), 1 patient for nausea (mild, probably related to trial medication), and 1 patient for palpitations (mild, probably related to trial medication) and worsening of hypertension (possibly related to trial medication).

There were no trends in vital signs, electrocardiographic parameters, or safety laboratory values, and the number of patients with recorded abnormal values were similar in each treatment group. At week 6, no significant changes from baseline were observed in systolic or diastolic blood pressure, CRP, VEGF, cystatin C, or total cholesterol in any of the treatment groups. Pre-dose serum EPO levels obtained prior to vadadusat dosing at weeks 2 and 6 were similar to baseline values.
Discussion

This phase 2a trial demonstrated the ability of vadadustat – an orally administered HIF-PHD inhibitor currently in development for the treatment of anemia – to increase Hb levels in a dose-dependent manner over 6 weeks in patients with anemia secondary to CKD stage 3 or 4, with an overall incidence of AEs comparable to placebo.

HIF stabilization via PHD inhibition promotes erythropoiesis by stimulating endogenous EPO secretion and improving iron availability [20]. Prior studies of vadadustat in healthy volunteers and CKD patients demonstrated modest increases in endogenous EPO levels – which were similar to those observed following exposure to moderate altitude [21] – as well as preserved physiologic diurnal variation of serum EPO levels [17, 18]. In this study, the evaluation of serum EPO levels was restricted to pre-dose testing to confirm whether levels return to baseline within 24 h of vadadustat administration, consistent with the normal physiologic state. Our results in-

Fig. 3. Observed mean ferritin concentration and total iron binding capacity (TIBC) over the trial period during administration of vadadustat or placebo (modified intent to treat population). Data are expressed as the mean ± SEM at each time point. a Mean change in ferritin concentration (±SEM) compared to baseline. b Mean change in TIBC compared to baseline. c Mean change in hepcidin concentration compared to baseline. *p < 0.05 for comparisons with baseline. †p < 0.05 for comparisons with placebo.
icate that pre-dose serum EPO levels were not increased compared with baseline prior to vadadustat dosing at weeks 2 and 6. These data are consistent with trials completed in healthy subjects and NDD-CKD patients in which serum EPO levels following vadadustat administration increased and returned to baseline within 24 h, avoiding supraphysiologic EPO elevations and maintaining the normal EPO diurnal variation [17]. In the current trial, vadadustat decreased hepcidin and ferritin and increased TIBC, consistent with improved iron mobilization and utilization. The reticulocyte profile mimicked the predicted response to altitude-associated hypoxia [22]. Similar results were observed in a 20-week, phase 2b trial of vadadustat administered to patients with anemia secondary to NDD-CKD [23].

In this 6-week study, no safety signals were noted in vadadustat-treated patients. There were no changes in clinic systolic or diastolic blood pressures following 6 weeks of vadadustat treatment. Although several studies in both animal models and humans have demonstrated a positive correlation between HIF stabilization and levels of VEGF, markers of inflammation [24], or cholesterol [25–27], raising the concern for potential tumor progression or increased atherothrombotic risk, there were no changes in VEGF, CRP, or total cholesterol levels noted in the current trial. These data suggest that vadadustat elicits a targeted erythropoietic effect, a hypothesis to be tested in larger, longer clinical trials and non-clinical, mechanistic studies. Since the completion of this trial, two additional phase 2 trials, one in patients with NDD-CKD (NCT01906489) [23] and one in patients with DD-CKD (NCT02260193) [28, 29], have evaluated the effect of vadadustat when administered for up to 20 weeks. Four global, randomized phase 3 trials are ongoing to compare the efficacy and safety of anemia treatment with vadadustat versus that with darbepoetin alfa in patients with anemia secondary to DD-CKD (INNO2VATE: NCT02865850, NCT02892149) and NDD-CKD (PRO2TECT: NCT02680574, NCT02648347).

Limitations of this phase 2a trial include its modest sample size and short duration of treatment. The trial was not designed to assess titration or maintenance of target Hb, nor was the trial powered for safety. In addition, inclusion criteria for Hb and ferritin were established prior to the 2011 FDA modification of ESA product labeling [30]. The revised labels recommend a Hb threshold for ESA initiation below 10 g/dL and ferritin of at least 100 ng/mL prior to ESA initiation.

Preclinical and clinical studies conducted to date with vadadustat have identified several potential favorable attributes for this HIF-PHI. Flexibility of dosing is supported by results in which vadadustat administered once daily or three times weekly maintained stable Hb levels in DD-CKD patients following conversion from epoetin alfa [31]. Key pharmacokinetic parameters (half-life, maximum concentration, area under the curve) of vadadustat have been consistent across healthy volunteers (Caucasian or Japanese), NDD-CKD, and DD-CKD populations, indicating no clinically meaningful effect of CKD severity or ethnicity on the pharmacokinetic profile [23, 32, 33]. The hemodialysis procedure has no clinically meaningful effect on serum levels of vadadustat indicating that vadadustat can be dosed without regard to the patient’s dialysis schedule [34]. In vitro studies of vadadustat have revealed no effect on cytochrome P450 (CYP) 3A4 activity (data not shown), and a clinical drug–drug interaction study showed no effect of vadadustat on the pharmacokinetics of celecoxib, a model substrate for CYP 2C9 [35]. As a result, there is a low likelihood of drug–drug interactions with commonly prescribed drugs in this patient population (e.g., atorvastatin, losartan). Finally, as described above, the administration of vadadustat in clinical trials did not alter serum levels of VEGF, cholesterol, or triglycerides [23, 31].

In summary, in this 6-week randomized, placebo-controlled, phase 2a trial, vadadustat increased Hb levels and was well tolerated in an initial cohort of patients with anemia secondary to CKD stage 3 or 4.

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Contributions

All authors, except those of the Sponsor, contributed patients to the trial. All authors had full access to the trial data and the analyses. Each author contributed important intellectual content during manuscript drafting or revision and all authors reviewed the manuscript and signed off for its accuracy.
EMD assumes responsibility for this trial: that it has been reported honestly, accurately, and transparently; that no important aspects of the trial have been omitted; and that any discrepancies from the trial as planned (and, if relevant, registered) have been explained.

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References


Financial Disclosures

E.M.D., Q.C.Z., and B.J.M. are employees of Akebia Therapeutics, Inc. and hold stock and/or stock options in Akebia Therapeutics, Inc. E.R.M. and M.T.S. were trial investigators and were paid for their services by Akebia Therapeutics, Inc.; however, they were not compensated as authors of the manuscript and they declare having no other competing financial or other interests relevant to this work.


